

AT DANCE

POLICIES AND PROCEDURES: COVID-19

Please note that when our physical classes recommence, we will no longer undertake Zoom classes. Each student is expected to physically attend class unless they have notified us otherwise.

Updates to our COVID-19 policies and procedures will be made frequently as new information and guidelines are set out by the Government and councils.

IMPORTANT NOTE

Eased capacity limits from Friday 29 October only apply if all staff and patrons are fully vaccinated, have a valid medical exemption, or are aged under 16.

Physical Distancing

- Students should aim to arrive at the studio within 5 minutes of their class' start time, no earlier. For example, if you/your child's class starts at 4:30, you should enter our doors between 4:25-4:30.
- Parents are not permitted into the studio unless they have been given special permission by AT Dance.
 - Parents are advised to only drop off and pick up their dancers to support social distancing measures. If possible, parents should remain in the car and wait for their student to come to them.
 - Parents picking up younger students are to wait outside the door of the building and adhere to 1.5m social distancing rules, as teachers will walk students out.
 - Parents will not be allowed to remain in the reception area during their child's class.
 - Tiny Tot and junior parents/guardians are able to walk their children into the building.
- Each class will go ahead as planned and each student will be expected to attend class (unless AT Dance is informed otherwise).
- There will be one person for every four square meters allowed in the studio at one time.
- Students will be expected to maintain a distance of 1.5m between them and other dancers and teachers.
- There will be no contact between students.
- There will be no socialising between students before or after class.
- There will be no socialising between parents before or after class.
- All teachers are well-informed of the social distancing limitations and will be basing class activities on this 1.5m rule.
- Contact between teachers and participants should be minimised and only permitted if absolutely required in the circumstance.
- If physical contact is required, personal hygiene procedures will take place (see 'Personal Hygiene' below).
- It is expected that students go to the bathroom before attending class. If a student needs to go to the bathroom during class, they will go by herself/himself as there is a maximum of 1 person in the bathroom at a given time.
- Students will be expected to arrive dressed and ready to class (if possible) to minimise the use of our change rooms and bathrooms.
- All students are expected to eat off-site, preferably before or after classes (not between classes).

- There will be no sharing of food, drinks, phones, etc.

Cleaning

- Props and equipment will not be used if possible (safety equipment must be used).
- Each part of the studio that is to be used by dancers will be wiped down using appropriate cleaning wipes after each session or at the end of all sessions, depending on when/how often it is used. (see below)
 - Chairs used will be wiped down after each lesson.
 - Barres used will be wiped down after each lesson.
 - The kitchenette bench will be wiped down at the end of each use and night.
- Rubbish bins are provided within the studio for hygienic disposal of tissues and other rubbish.

Personal Hygiene

- Students will be provided with alcohol-based hand sanitiser at the beginning of each session and **must** sanitise before class begins. Any students who refuse to sanitise their hands may be asked to sit out of the class or leave the studio.
- The kitchenette sink will be open to all students to enable regular hand washing.
- Students will be required to wash their hands any time they touch their mouth, nose or cough/sneeze into their hands.
- Posters will be displayed supporting hand washing after using the bathroom.
- Sanitiser is to be used after drink breaks or after touching items from home

If a student is unwell

- If students have cold/flu-like symptoms, they are to stay home and AT Dance are to be advised of their absence.
- If a student is feeling unwell and experiencing flu-like symptoms whilst already at the studio:
 1. The student will be brought to the reception area/breakout area.
 2. If the unwell student is a child, the student's parents will be called, and they will be asked to pick up their child.
 3. If the student is an adult, they will be asked to leave the studio.
 4. If a student is seriously unwell, emergency services will be called.
- All students that have come in contact with said student will have their parent/guardian notified if the said student has tested positive to COVID-19.

Vulnerable Groups

Those with underlying medical conditions must consult their regular doctor(s) prior to returning to any dance activities. Other groups that require special consideration, including individuals over 70 years of age, carers in household contact of a vulnerable person, should also check with professionals to ensure they can safely return to dance.

October 2021 Update

- **Friday 29 October:** Victoria to reach its 80 per cent double dose vaccination milestone (Phase C).

Victoria's Chief Health Officer has determined that at 6:00pm on **Friday 29 October:**

- Regional Victoria and metropolitan Melbourne will unite and share the same restrictions, enabling people, including Dance Teachers, to travel between Melbourne and regional Victoria again.
- Masks will remain mandatory indoors, the exemption to remove a mask when engaged in strenuous activity still remains but are no longer required outdoors.
- Most indoor settings, including Dance Studios and Community Facilities will open with no capacity limits subject to a DQ4 (one person per four square metres) limit, if all staff and patrons are fully vaccinated. Children under 16 are counted as fully vaccinated in this phase.
- Entertainment venues will reopen. For indoor seated venues, including theatres, there will be a 75 per cent capacity limit or DQ4 up to 1000 people.
- Check-in marshals are required to monitor QR code check in and "Green Tick" vaccination for 16+.